



Walk for Thought
Saturday, March 20, 2010
De Anza Cove in Mission Bay Park

De Anza Cove is located at **3000 East Mission Drive** in North Mission Bay.

Note: Be sure to arrive early if you have not pre-registered so can begin on time. **To register on line go to www.calbia.org** click on the **Walk Logo** choose **San Diego** and then the button **“register now.”**

Walk Hours	8:00am Registration 9:00am Opening Ceremonies 9:15am Walk
Food / Beverages	No glass containers or balloons Alcohol is not permitted Hot dogs and soda will be available for purchase
Restrooms	There are restrooms nearby
Donation	\$25.00 per person includes T-Shirt \$15.00 Person with a Brain Injury & Ages 5-16 incl T-shirt Free – children 4 and under no T-shirt

Directions & Parking: Take I-5 to the Clairemont Drive Exit, head West to East Mission Bay Drive, turn right on North Mission Bay Drive. This road goes into the parking lot of De Anza Cove, follow it around the curve to #3.. Parking is free in these lots. **We will meet at the gazebo under the blue canopy shown on map as #3.**



FOR FURTHER INFORMATION YOU MAY CONTACT THE SAN DIEGO BRAIN INJURY FOUNDATION AT (619) 294-6541 OR SDBIF@AOL.COM OR FREEDOM HOUSE AT 619-507-9493 OR DONNA@FREEDOMHOUSEABI.ORG YOU CAN VIEW OUR WEBSITES AT WWW.SDBIF.ORG AND WWW.FREEDOMHOUSEABI.ORG